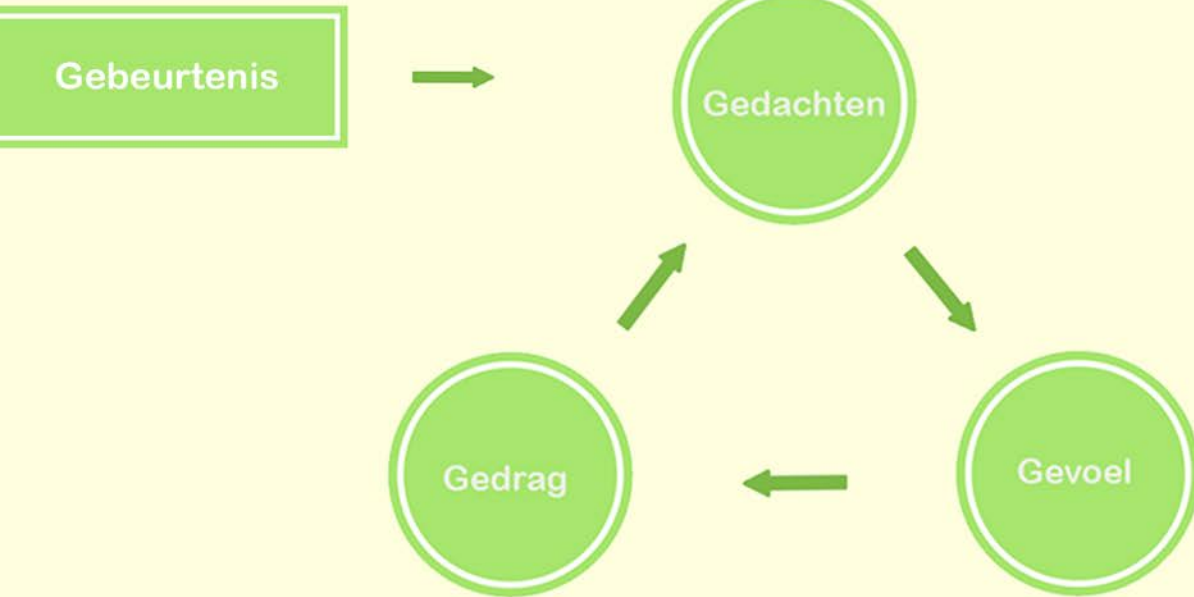


G-Schema



This is a worksheet for the G-Schema model. It includes a rectangular box on the left labeled 'Gebeurtenis' (Event) with a white space for writing. To the right of this box is a large circle labeled 'Gedachten' (Thoughts) with the prompt 'Wat ging er toen door je hoofd?' (What was going through your head?). Below the 'Gedachten' circle are two more large circles: 'Gedrag' (Behavior) on the left with the prompt 'Wat deed je vervolgens?' (What did you do next?), and 'Gevoel' (Feeling) on the right with the prompt 'Boos, Blij, Bang, Bedroefd, Schuldig, etc.' (Angry, Happy, Scared, Hurt, Guilty, etc.).